

# INFORMATION BROCHURE



## **SIVANANDA YOGA VEDANTA ACADEMY (SYVA) & SWAMI CHIDANANDA INSTITUTE OF SOCIAL SCIENCES (SCISS)**

(School of Social Sciences of Sivananda Yoga Vedanta Academy)

**M.A. (YOGA)**

**M. PHIL (YOGA)**

**MASTER IN RURAL  
MANAGEMENT & GANDHIAN  
STUDIES (MRM&GS)**

**MASTER OF TOURISM AND  
TRAVEL MANAGEMENT  
(MTTM)**

**BACHELOR OF  
INTERIOR DESIGN(BID)**

## **SIVANANDA YOGA VEDANTA ACADEMY (SYVA) & SWAMI CHIDANANDA INSTITUTE OF SOCIAL SCIENCES (SCISS)**

(School of Social Sciences of Sivananda Yoga Vedanta Academy)

Campus I: Plot No. F/115, Goutam Nagar, Bhubaneswar 751014

Campus II: Plot No. 109, BPCA Building, Bomikhal Bhubaneswar, 751010

Ph: 0674-2430311 | Mob: 9437764095/8018824300/9438054264/9438672830

Email: syvacademy2015@gmail.com

### **Chairman's Message:**

Upliftment of rural poor students is the most important objective of Viswa Seva Sangha Trust and its institutions viz. Sivananda Yoga Vedanta Academy, Swami chidananda Institute of Social Sciences, Bhubaneswar. Our motto about the institute is to help the poor students of our state by providing them skilled education with minimum cost in order to enable the students to earn their livelihood in life.

### **Principal's Message:**

## **SIVANANDA YOGA VEDANTA ACADEMY (SYVA)**

Viswa Seva Sangha Trust has established the Sivananda Yoga Vedanta Academy and limited its activities to short duration Training Courses upto 2015. However, with a view to helping the interested students to make Yoga and Naturopathy as their career, it started a post graduate course under Utkal University of Culture from 2015-16 and M.Phil (Yoga) from 2020-21. The academy is managed by a group of highly dedicated Governing Body.

SYVA Bhubaneswar imparts M.A. (Yoga) and M.Phil (Yoga) courses as given below for admission during the current academic year **2021-22**.

### **M.A. (Yoga)**

**About the Course:** Yoga is a mental, spiritual and physical practice that helps one attain inner peace. **M.A. in Yoga** is a postgraduate course of 2 years duration. This course trains students to develop skills in yoga therapy, to help people suffering from psychosomatic disorders, and help the society in general. The areas that are covered during the degree include the basics and fundamentals of yoga and yoga therapy, including the human anatomy, psychological processes, practical applications, and there is much more to be learnt than just that.

**Approval and Affiliation:** M.A. in Yoga Course of Sivananda Yoga Vedanta Academy has been approved by Government of Odisha and affiliated to Utkal University of Culture, Bhubaneswar vide letter No. Acad. 15/2014/636/UUC dated 25.03.2015 and subsequent yearly renewals.

### **Course Objective:**

- To impart knowledge on Yoga Philosophy, Psychology and Naturopathy
- To develop conceptual and applied knowledge relevant to Yoga, Vedanta, Philosophy, Psychology, Physiotherapy and Naturopathy.
- To increase operational skill and efficiency for effective Therapic use of Yoga.
- To acquire positive and responsive attitude to serve the stressed people of the entire world.
- Spread the knowledge of Yoga and its utility to rural areas of our country.

**Course Duration and Intake:** The duration of the course is two years comprising four semesters. The intake capacity of the course is 60 seats.

**Eligibility:** Graduate in any discipline from a recognized University with 45% marks for general and 40% marks for SC/ST in aggregate can apply. There is no age bar. However, the regulation of the Utkal University of Culture will be followed from time to time.

## M.Phil (Yoga)

**About the Course:** M. Phil (Yoga) is a two years postgraduate degree level course. The study deals with the physical, mental and spiritual discipline of the course. The aim of the course is to prepare candidates to provide yoga therapy to the patients who are suffering from various kinds of psychosomatic disorder. The course trained candidates with the advanced technical skills of yoga to provide treatment with all types of modern facilities available in the hospital and therapy centers.

The course of study is suitable for those candidates who want to increase their knowledge for accelerating their career by exploring and acquire a critical understanding of the Yoga Therapy. The course of study is designed to provide in-depth knowledge, information, techniques and about the activities associated with Yoga and Naturopathy, in a comprehensive manner. The study is focused on theoretical and practical aspects and principles techniques in an academic discipline such as Advance Philosophy of Yoga, Sanskrit, Human Anatomy and Physiology, Psychological Processes, Consciousness & Yoga, Yoga and Health, Research Methodology, Case Studies, Application of Yoga, Scientific Study of Yoga and Consciousness.

**Approval and Affiliation:** M.Phil (Yoga) of Sivananda Yoga Vedanta Academy has been approved by Government of Odisha and affiliated to Utkal University of Culture, Bhubaneswar vide letter No. Acad.18/2020/1603 dated 4.12.2020.

**Course Duration and Intake:** The duration of the course is one year comprising two semesters. The intake capacity of the course is 20 seats.

**Eligibility:** Candidate with Master Degree in M.A. (Yoga), M.Sc. (Yoga) and its allied subjects with minimum 50% marks from any recognized university or equivalent are eligible to apply for this course.

**Career Option:** The Master degree holder have excellent career opportunities in Colleges and Universities, Public & Private Hospitals, Rehabilitation Centers, Diagnostic Center to treat patients who are suffering from various disease like Heart Disease, Diabetes, Arthritis, Hypertension, High & Low Blood Pressure, Asthma, Obesity, Digestive Disorder, Thyroid Problems, Gynecological Disorder and Mental Stress Disorder, etc.

After the successful completion of the course, one can be recognized as Yoga Therapist / Yoga Teacher and able to work as Yoga Therapy Instructor, Senior Therapist, Researcher, Yoga Trainer, Yoga Consultant, Panchakarma Therapist, Clinical Psychologist Professor (Yoga Therapy), Lecturer (Sanskrit), etc.

**Faculty:** Our Faculty Members are academically highly qualified faculty members with vast experience in research. Besides, well known Yoga Professionals from reputed Yoga Institutes of India are invited as Guest Lecturers.

**Scholarship:** Scholarship (in addition to the scholarship from any other sources like Central Government or State Government) will be given to the needy meritorious students having 100% attendance and completed within serviceable age limit and dedication with interest in the field of yoga.

# **SWAMI CHIDANANDA INSTITUTE OF SOCIAL SCIENCES (SCISS) (School of Social Sciences of Sivananda Yoga Vedanta Academy)**

The Honorary Chairman of the Viswa Seva Sangha Trust Dr. Prasanta Kumar Pradhan, IAS (Retd.) had a dream to establish a School of Social Science in the name of His Holiness Swami Chidananda Saraswati (1916-2008), former President of International Divine Life Society, Rishikesh, Himalayas, in view of His social contribution towards the poor and needy people of our country and especially of Odisha. So, in view of His Centenary Celebration, Swami Chidananda Institute of Social Sciences (SCISS) established at Bhubaneswar by the Trust (the school of social science of Swami Sivananda Yoga Vedanta Academy) with due permission from Government of Odisha.

The following courses were introduced from the academic year 2019-20 with affiliation under Utkal University of Culture, Bhubaneswar.

1. Master of Tourism and Travel Management (MTTM)
2. M.A. in Rural Management and Gandhian Studies (MRM&GS)
3. Bachelor of Interior Design (BID)

## **RECOGNITION & AFFILIATION**

The institute is permitted by the Odia Language, Literature and Culture Department of Government of Odisha vide letter No. 445/OLLC, dated 13/02/2019 and affiliated to Utkal University of Culture, Bhubaneswar vide Letter No. Acad.(5)03/2019/1549/UUC dated 12.09.2019.

## **MASTER OF TOURISM AND TRAVEL MANAGEMENT (MTTM)**

### **Objective of the Course**

The curriculum of the programme is designed in the manner which caters to the needs of the Tourism Industry to the students. The programme gives equal weightage to theoretical as well as the practical perspective of study. In addition, candidates are given industrial exposure through field study and have to complete the internship for a maximum of two months during the course study. Field study gives students the extra mileage to gain an in-depth understanding of the course in actual.

### **Course Duration**

The duration of course is 02 years having four semesters.

### **Eligibility**

Graduate in any discipline from a recognized University with 45% marks for general and 40% marks for SC/ST in aggregate can apply.

### **Faculty**

Industry experienced and academically highly qualified faculty members besides Guest Lecture from practicing manager.

### **Programme Features**

Training in Computerized Reservation System (CRS), Business Communication & Personality Development Class, Foreign Language Learning etc. have added value to this course.

### **Placement**

SCISS has a distinct placement cell for the summer internship/ final placement of tourism students. The institute has planned for a special placement drive to induct the students in the Airlines, Airports, Logistic Companies and reputed Tour Operators across the country.

## **MASTER IN RURAL MANAGEMENT & GANDHIAN STUDIES (MRM&GS)**

### **Objective of the Course**

The objective of this program is to make the learners understand the blending of knowledge and skill development needed for effective utilization and management of human and valuable resources within the parameters of Rural Management. This program intends to develop critical appreciation and impart effective skills for managing various functions of the rural pockets of the country. This program is an assimilation of the general principles and theories of management and their practical applications for managing the contemporary and emerging rural based organization / institutions.

### **Learning Outcomes**

After the successful completion of this program the learners should be able to:

- State the general principles and theories of management and how they can be applied for smooth functioning of rural based organization / institutions.
- Demonstrate managerial skills for different functional areas like marketing, finance, human resource management.
- Develop integrated strategies using a wide variety of tools and techniques to meet the emerging challenges in the field of rural management.

### **Who can apply?**

Institute would welcome employees of NGOs, engaged in rural development and those associated with Gandhian Institutions, as sponsored candidates who would hold a Graduate Degree in any stream-Science, Arts, Commerce and Management.

### **Course Duration**

The duration of the course is two years having four semesters.

### **Eligibility**

Graduation from any discipline from a recognized University with 45% for General and 40% marks for SC/ST in aggregate can apply.

### **Faculty**

Industry experienced and academically highly qualified faculty members besides Guest Lecture from practicing manager.

## **BACHELOR OF INTERIOR DESIGN (BID)**

### **Objective of the Course**

Bachelor of Interior Design also termed as B.I.D. is an undergraduate Interior Design Course. The main objective of this course is to provide knowledge related to the solutions for interior

design and architecture. The program introduces students to design principles, colour theory, space planning, concept development, problem analysis and design technology. The focus of the program is to generate awareness on the functional and aesthetic qualities of the design.

### **Eligibility**

Intermediate from any discipline from a recognized institute can apply.

### **Duration of the course**

The course duration of the above course is 04 years having 8 semesters

### **Faculty**

Industry experienced and academically highly qualified faculty members besides Guest Lecturers from practicing experienced professionals.

## **HOW TO APPLY**

- Eligible candidates can download the application Form from our website [www.syvacademy.com](http://www.syvacademy.com) , fill it up and mail to [syvacademy2015@gmail.com](mailto:syvacademy2015@gmail.com) or apply online on the university portal opting our college.
- A candidate can also collect the Application Form from the Institute's Admission Cell Counter.

## **DOCUMENTS REQUIRED WHILE ADMISSION**

Submit one set of photocopies of the following documents and photographs while admission.

- Class 10<sup>th</sup> Mark Sheet and Certificates.
- Class 12<sup>th</sup> Mark Sheet and Certificates.
- Graduation Marksheet and Certificates.
- Post Graduate Marksheet and Certificates (for M.Phil)
- Recent Colour passport size photographs ( 04 nos) and 02 colour stamp size photographs.
- Original College Leaving Certificate & Conduct Certificate
- Migration Certificate if the student having from other University.
- Receipt of application form of the institute.
- Copy of Aadhaar Card

(All Original Certificates and Mark sheets will be verified at the time of admission)

### **Contact:**

#### **Sivananda Yoga Vedanta Academy (SYVA) & Swami Chidananda Institute of Social Sciences (SCISS)**

Campus I: Plot No. F/115, Goutam Nagar, Bhubaneswar 751014

Campus II: Plot No. 109, BPCA Building, Bomikhal Bhubaneswar, 751010

Ph: 0674-2430311 | Mob: 9437764095/8018824300/9438054264/9438672830

Email: [syvacademy2015@gmail.com](mailto:syvacademy2015@gmail.com)

Web: [www.syvacademy.com/www.syvacademy.org](http://www.syvacademy.com/www.syvacademy.org)